

SWINE FLU ALERT

Information issued by the US Department of Health & Human Services in response to recent outbreaks of Swine Influenza A (Swine Flu) virus.

Preventive Measures

- ✓ Cover nose & mouth with a tissue when coughing or sneezing and throw away tissue.
- ✓ Wash hands often with soap & water.
- ✓ Avoid touching eyes, nose or mouth.
- ✓ Avoid close contact with sick people.

Warning Signs in Adults:

- ✓ Flu-like symptoms (fever, body aches, runny nose, sore throat, nausea, or vomiting).
- ✓ Difficulty breathing or shortness of breath.
- ✓ Pain or pressure in the chest or abdomen.
- ✓ Sudden dizziness.
- ✓ Confusion.
- ✓ Severe or persistent vomiting.

***Seek Medical Attention if Symptoms Occur and
Avoid Contact with Other People***

Distributed by the
Atlanta Regional Commission, Area Agency on Aging

